

Year 5: Relationships

Key Learning

Everybody has their own specific personality. Sometimes you will share similar personality traits and sometimes you will differ with others. This is normal as no person is exactly the same. Each personality is made up of different:

- ⇒ Characteristics
- ⇒ Qualities
- ⇒ Attributes

Did you know that too much screen time is not healthy? It can negatively impact **sleep, tiredness and engagement**. It is recommended to have less than **2 hours** of screen time per day.



I can recognise if a friendship is making me feel unsafe, worried or uncomfortable. I know when and how to get help and support in relation to friendships.



Did you know that you have to be over 18 to partake in any betting or gambling? It is against the law to do it as a minor.

Online community

An online community is a group of people with a shared interest or purpose who use the internet to communicate with each other.

Online communities can have positive and negative consequences:

Positive

- Have fun with friends
- Play games
- Learn new skills

Negative

- Victim to cyber bullying
- Victim to fraud
- Offensive content

I can identify, safely challenge and report online bullying and discrimination of groups and individuals online, including social media platforms.



You have rights and responsibilities you must follow in an online community and when playing games online to provide safety and enjoyment for all.

Friends will never:

Ask for your passwords or invade your privacy

Ask you to send anything inappropriate

Ask you to keep inappropriate things secret that would make you feel uncomfortable

If they do, follow the regulations and report them immediately to keep you and the community safe. This includes trolling, peer-pressuring or any signs of grooming.

Key Vocabulary

Peer pressure and peer influence	Peer pressure is feeling like you have to do something because people around you want you to or expect you to. Peer influence is where you choose to do something you wouldn't otherwise do, because you want to feel accepted
Characteristics and qualities	Characteristics and qualities are a special quality or trait that makes a person, thing, or group different from others
Grooming	when someone builds a relationship, trust and emotional connection with a child or young person so they can manipulate, exploit and abuse them.
Gambling/betting	Gambling means risking money or a valuable object in a game, contest or activity where the end result depends on chance.
Privacy and passwords	Privacy is the ability of a person or group of people to hide information about themselves. You should always keep your password to log in to computers private.
Troll	a person who intentionally aims to hurt others online by posting offensive comments or other disruptive content