## Year 2:

## Relationships

## Key Learning

Families are different and contain different family members.
Families function well when there is:
$\Rightarrow \quad$ Trust
$\Rightarrow$ Respect
$\Rightarrow \quad$ Care
$\Rightarrow \quad$ Love
$\Rightarrow$ Co-operation

There are different types of physical contact in families. This may include

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# A hug
A A kiss
\(\Rightarrow \quad\) A hi-5
\(\Rightarrow \quad\) A handshake
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If you dislike or believe that the physical contact is not acceptable and makes you frightened, report the incident to $\qquad$ _.

Sometimes we might have arguments and conflicts with family or our friends. These can be caused by lots of things-disagreements, not sharing, or a difference in interests.

Friendships can have ups and downs and sometimes friendships can change over time.

To resolve arguments with friends we can talk about what happened and why it made us feel a certain way.

You can be a good friend by listening, being kind and beinghonest.

If someone in your family or a friend are physically hurting you or making you worried it is important to tell them the 'STOP, this is not okay,'


Sometimes friends and families may keep secrets. It is important to know what good secrets are and worry secrets.

You can ask for help by telling your parents, a member of staff in school or an adult you trust.


## Key Vocabulary

| Communication | People talking to each other, this can be to share interests, ask questions and have fun. Communication <br> is also a great way to make friends or defuse arguments. |
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| Physical contact | Physical contact is when you are touching someone physically or they are touching you physically. |
| acceptable | Acceptable means something that has been done correctly so will be accepted. |
| Good secret | A good secret could be a secret surprise, birthday party or present. |
| Worry secret | Worry secrets may make you feel worried, uncomfortable and confused. It is really important to share <br> worry secrets to keep you safe and protected. |
| Trust | Trust is a feeling that you can rely on somebody to do the right thing and help you. |

