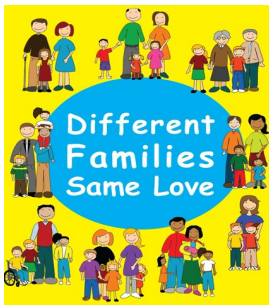


Year 1: Relationships

Key Learning

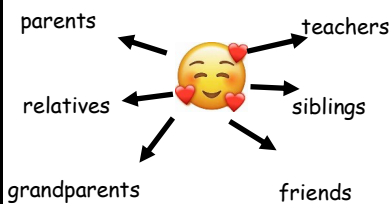
Families are founded on belonging, love and care.

Every family is different: They might have a mum or dad, both, 2 mums or 2 dads, grandparents, or foster parents.



My family cares for me by giving me a home to live in and clothes to wear. They give me food and drink to keep me healthy. They keep me safe, give me love and a sense of belonging.

Lots of people care for me. These might include:



If I am worried about something at home. It is important to tell someone. I can tell an adult at school.

Sometimes peoples' bodies might hurt or unkind words might hurt their feelings. People might also feel sad if they are worried or lonely. Tell an adult and they can



Lots of people can help in school including the teachers, your head teachers and the safeguarding leads. They can help you feel happy and make sure you are safe.

Class rules help everyone to be happy and safe. They remind us how to be kind and to respect each other. This helps build great friendships!

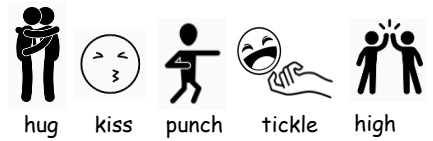


My friends are people I like to spend time with. They make me feel happy, safe and are kind to me. We make friends by being kind, caring, friendly and respectful to others to build a healthy and

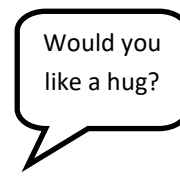
kind	unkind
smiling	pulling faces
sharing	snatching
please and thank you	name calling
compliments	Hurting bodies (hitting, kicking...)

Being kind means being nice to other people to make them feel happy. Being unkind can make

There are different types of touch.



Physical contact can sometimes be used as a greeting. It is very important to ask before you touch someone.



Some of our body parts are private and we should keep them to ourselves. This is called being private.



Key Vocabulary

Family and belonging	Your family are the people you live with and take care of you. Belonging means that you feel comfortable.
Qualities	All children have qualities. Some are kind, some are caring, some are funny and some are calm. We all have lots of qualities which make us who we are.
friendships	Friendships are when you like, have fun and take care with other children.
dislike	If you do not like something
Proud and celebrate	Proud means being really happy about something you have achieved such as a reward. Celebrate means to do something special because you achieved something.
Greeting	Verbally or physically greeting a person when you see/meet them. This can be with a hand shake, hug or a smile.
Support in school and the community	Support and help can be provided by your teacher and the safeguarding lead in school. The community can provide support through online help centres, phone centres, the police and the doctors.