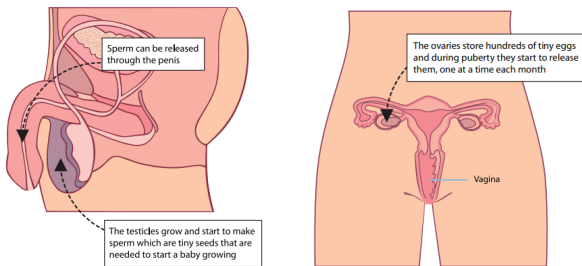


Year 6: Changing Me

Key Learning

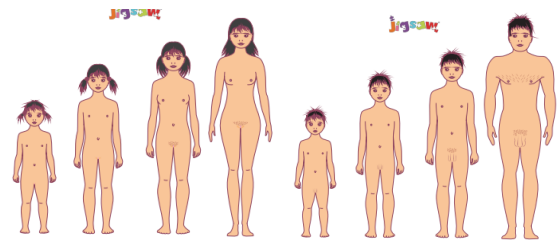
Social media and celebrities can alter our judgements of what we should look like.

If we constantly compare and criticise ourselves, especially about how we look, it can have a negative impact on our self-esteem. We can fight off 'negative monsters' by focusing on positive thoughts, feelings and behaviours.



Our bodies change as we go through puberty.

A baby begins to develop from conception and pregnancy takes 9 months.



As we go through puberty changes happen to our bodies. Hair will begin to grow in other areas and we may begin to sweat more frequently. It is important that we wash regularly to maintain good



In romantic relationships there is usually a physical and romantic attraction, and this is what makes this type of relationship special.

Key Vocabulary

Uterus	The uterus is where a baby grows.
Womb	The place where an unborn baby (fetus) grows.
Legal	Something that is allowed by the law.
Opportunities	A good time to do something.
Attraction	To seem pleasant and get someone's attention or interest.
Transition	A change from one thing to another.
Secondary school	A school for children aged 11-16.