

# Year 2: Changing Me

## Key Learning

Life cycles show the changes that happen as we get older.

Aging is a part of growing old. During this time, our hair might turn grey and our bodies might become slower.



Toddler: We learn to walk, talk and feed ourselves.

Child: We go to school and learn how to read and write.

Teenager: We can stay up later and we might learn to drive.

Adult: We might have our own families and live in our own house.



We can keep our private parts private by wearing underwear. This means nobody can see them.

Male private parts: Penis



Female

There are different types of touch. If we feel uncomfortable we should always say 'stop' and tell a trusted adult.

Some types of good touch are: hugs, tickles, having our hair brushed, a handshake or a high



## Key Vocabulary

Toddler	When we are 2 or 3 years old.
Child	A person between 3 and 12 years old.
Teenager	A person aged between 13 and 19 years old.
Independent	Doing something by yourself.
Timeline	The order of something.
Public	The community or people in general.
Private	Belongs to someone and not for anyone else.