

Year 1:

Dreams and Goals

Key Learning

If we have a dream or goal we want to achieve we need to think about what we need to do to get there. We need to break down the goal into smaller steps.



To work well with a partner we need to listen to what they have to say.



We need to treat them with respect and share our own views responsibly.

Challenges can be difficult but they allow us to challenge our minds and bodies. This makes us better for the future.



When trying to achieve a goal, we might come across a problem which can make it difficult. Talking about our difficulties can help us find solutions to our problems.



Achieving a goal makes us feel proud. When we have achieved a goal we can think about the next dream or goal we would like to achieve.

Key Vocabulary

Proud	Feeling pleased.
Success	The accomplished of an aim.
Achievement	Something done successfully with effort, skill or courage.
Goal	The object of a person's ambition or effort.
Process	The timeline of something.
Celebrate	To acknowledge a significant or happy day or event.
Obstacle	Something that blocks or hinders progress.
Overcome	To succeed in dealing with a problem or difficulty.
Challenge	Something that can stand in the way of a goal.
Achieve	To complete something.
Dreams	Something you have always wanted to do.
Goals	Something you plan to achieve.